HBV-ACLF患者中Th17、Treg细胞的分化、成熟是否受HBV或其他免疫细胞的影响，目前仍无定论，具体机制有待进一步的研究。

笔者通过在用药和系统治疗前观察HBV-ACLF患者外周血中Th17、Treg细胞的变化及其与肝功能和HBV-DNA间的关系，发现Th17和Treg细胞与HBV-ACLF的发生、发展密切相关，其在外周血中的变化可以协助判断机体的免疫状态，有望成为判断肝损伤患者严重程度的一个免疫标志。下一步的研究应该在用药或系统治疗后的不同时间点进一步观察Th17、Treg细胞的变化及其与肝功能和HBV-DNA间的关系，这有利于进一步阐明HBV-ACLF的发病机制，也对制订治疗方案、判断疗效有重要的指导意义。

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